

The League of *Extraordinary Seniors*



Evelyn McBee

What's the secret for living a hundred years? Well, according to Evelyn McBee, of Mount Lake Park in Garrett County, it comes down to genetics and peaceful living. McBee was honored at a special Centenarian Luncheon on May 26, 2011, along with three other 100-year old Marylanders. The luncheon was attended by MDoA Secretary Gloria Lawlah and Deputy Secretary Ilene Rosenthal, as well as State Senator George Edwards and a representative from the office of U.S. Senator Ben Cardin.

Born on May 24, 1911, McBee grew up in Berkeley Springs, West Virginia and moved to Maryland in 1942. Her life was her family; she was a career homemaker who raised two children and a grandson. When her husband died in 1980, she was not alone. She has two surviving "little" sisters, ages 98 and 95, to keep her company. In fact, her parents lived into their late-80s and her grandmother lived into her nineties—so clearly longevity runs in McBee's family.

She thinks that leading a quiet, simple life also contributed to her milestone. She doesn't have any hobbies to speak of, save for reading newspapers—*The Republican*, published in nearby Oakland, Maryland, and the paper from her native Berkeley Springs. Her favorite television show is still "The Price is Right," even without Bob Barker. For the last 25 years or so, her son says, McBee has led a pretty quiet, uneventful life. And not surprisingly, she first moved into her current house in 1953.



Department of Aging